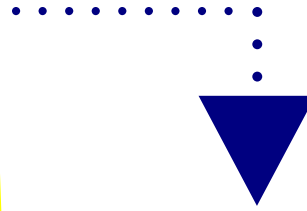


ZenoLink at Acceleration Plus



ZenoLink is a cutting-edge tool for the improvement of athletic performance. This software measures and analyzes motion in sports. This data takes the guesswork out of identifying flaws or restrictions in functional movement. By zeroing in on what is really happening during an individual's sports activity, primarily golf, baseball, softball, tennis, lacrosse, cycling, running and volleyball—in their quest to achieve optimal performance and reduce the risk of injury.

The first step to ZenoLink is a brief video session with a certified ZenoLink partner, during which the athlete is taped as they perform their activity. The video is then evaluated at the ZenoLink performance lab in N.Y., using biomechanical measurements that include kinetic linking, joint range of motion, body segment coordination and outcome parameters.

The resulting analysis can be accessed on the ZenoLink secure website. Also posted under each individual's account are the prescribed drills to begin ZenoLink's Progressive Skills Training program. Athletes are retested at prescribed intervals in order to evaluate progress and modify their PST program accordingly.

To find out how ZenoLink can improve your performance visit www.zenolink.com!

R A T E S

Video Session	
Follow up Review	
Biomechanical Analysis	
ZenoLink Individual Account	\$250.00
Progressive Skills Training Program	
Single Session	\$60.00
4 Sessions	\$225.00
8 Sessions	\$395.00
12 Sessions	\$550.00
16 Sessions	\$695.00

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ACCELERATION
PLUS

